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pioneeradmin • 23/03/2024





Saturday, 23 March 2024 | PNS | DEHRADUN

As part of the Eat Right India movement intended to transform the country's food system to ensure safe, healthy and sustainable food for all, UPES hosted Eat Right Mela in collaboration with the Food Safety and Standards Authority of India (FSSAI).

Among the dignitaries present on the occasion was the governor lieutenant general (retd) Gurmit Singh who, in his address, underscored the importance of consuming nutritious food and cultivating healthy eating habits to lead a wholesome life.

The university office bearers said that the day-long event included a range of activities, including a walkathon, Zumba sessions and millet sensitisation drive, and added that the event was aligned with the government's concerted effort to make people aware of the millet benefits and increasing its acceptability across the country. In addition to this, health check-ups and nutritional counselling camps were organised in collaboration with Apollo.

